Personal Interactions & building good relationships

Instructions: Read page 233-239. First, write the definitions for the terms below. Then write whether or not you have that skill. If you have that skill explain why, if not, explain how you could work on having that skill.

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| Term | Definition: | Explanation: |
| 1. Self-Awareness:
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| 1. Self-Esteem:
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| 1. Attitude:
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| 1. Initiative:
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| 1. Responsibility:
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| 1. Self-Control:
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| 1. Creativity:
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| 1. Time Management:
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| 1. Stress Management:
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| 1. Stress Relief:
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| 1. Assertiveness:
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| 1. Flexibility:
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| 1. Ethics:
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| 1. Honesty:
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| 1. Respect:
 |  |  |
| 1. Fairness/Equity:
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| 1. Stereotypes:
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| 1. Negotiation:
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| 1. Empathy:
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